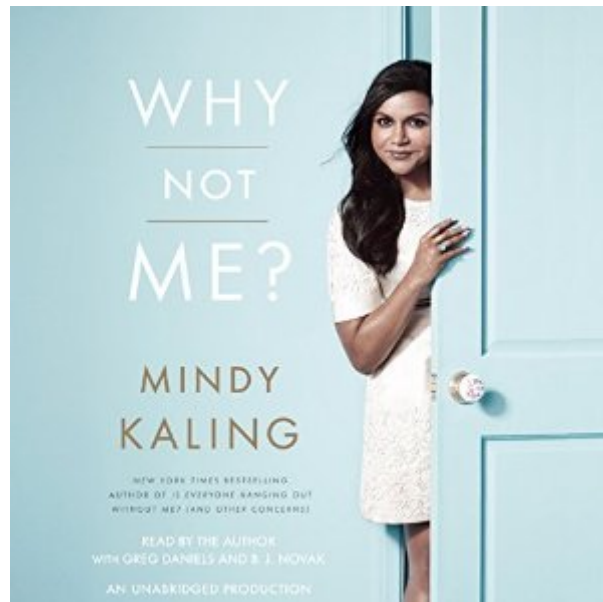


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# Why Not Me?



## Synopsis

From the author of the beloved New York Times best-selling book *Is Everyone Hanging Out Without Me?* and the creator and star of *The Mindy Project* comes a collection of essays that are as hilarious and insightful as they are deeply personal. In *Why Not Me?* Kaling shares her ongoing journey to find contentment and excitement in her adult life, whether it's falling in love at work, seeking new friendships in lonely places, attempting to be the first person in history to lose weight without any behavior modification whatsoever, or, most important, believing that you have a place in Hollywood when you're constantly reminded that no one looks like you. In "How to Look Spectacular: A Starlet's Confessions", Kaling gives her tongue-in-cheek secrets for surefire on-camera beauty ("Your natural hair color may be appropriate for your skin tone, but this isn't the land of appropriate - this is Hollywood, baby. Out here, a dark-skinned woman's traditional hair color is honey blonde"). "Player" tells the story of Kaling being seduced and dumped by a female friend in LA ("I had been replaced by a younger model. And now they had matching bangs"). In "Unlikely Leading Lady", she muses on America's fixation with the weight of actresses ("Most women we see onscreen are either so thin that they're walking clavicles or so huge that their only scenes involve them breaking furniture"). And in "Soup Snakes", Kaling spills some secrets on her relationship with her ex-boyfriend and close friend B. J. Novak ("I will freely admit: my relationship with B. J. Novak is weird as hell"). Mindy turns the anxieties, the glamour, and the celebrations of her second coming of age into a laugh-out-loud funny collection of essays that anyone who's ever been at a turning point in their life or career can relate to. And those who've never been at a turning point can skip to the parts where she talks about meeting Bradley Cooper.

## Book Information

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## Customer Reviews

To put it in one single phrase, Mindy Kaling is hilarious. From the previous "why is everyone against me" mentality, she is now here with a book that offer readers a greater insight into who she really is as a person. I have enjoyed her previous work - her first book, her comedy shows and her show on TV. She is great at using self-deprecating humor to depict on how she always thought about "fitting in". As a person with unconventional looks and a different voice, she knows her limitations and have used those to survive and even prosper in a glamorous industry. Don't we all want to do that in every aspect of our life? That is where readers feel the connection with Mindy. Whether you are a male or a female, this book is written in a style that depicts your best female friend narrating her life experiences to you. Every topic she wanted to touch upon is written in the form of short essays and have several laugh out loud moments. As a reader you get to know more about her personal life, her struggles and her success. Even with all the humor, she comes across as an intelligent woman who is here to stay. Some of her jokes are direct while others are subtle that make you chuckle even more. One unique essay I would specifically mention is where she writes about an alternate timeline (Mindy herself as another character) and creates a romantic story about it. Is it only me who felt she can actually be a great writer of romantic scripts? Maybe in a few years we will get to know. To sum it up, fans of Mindy Kaling will not be disappointed with this book. The book is personal, insightful and yet very humorous. There is no boring moment in the book and it has plenty of brilliant one liners and subtle jokes added in all the right proportions. She is effortlessly humorous without trying too hard. I recommend - go get your copy today! Let me know if my review helped. Feel free to leave comments or votes. Godspeed.

Oh, gosh. I am such a huge fan of Mindy Kaling. (As we know.) I loved her last book, but this one was even better. I'm more than ten years younger than Kaling, so this might sound stupid, but this book seemed more mature than the last one (less superficiality, although a little bit of that is great) and it was hilarious. I laughed out loud several times, I nodded along, and I uttered the word "preach" more times than I did when I watched Sister Act 2, so... This book gets five out of five stars from me. Let's start off with the truly important aspects of the book: Its looks. The font is so pretty, which is something normal people might not notice, but yeah, that shipped sailed, I notice it. The cover is light and airy, I like the pops of gold, the back cover is hilarious, and the inside has the coolest design. I know the old adage, but I almost always judge books based on their covers, and

this one is sublime. I know you're probably not reading this for a summary of the design, so I'm going to talk about the book itself. Mindy's book is a steady stream of funny. People can knock essays or humor, but they don't get it. Being consistently funny isn't the easiest thing to do when you're writing to an invisible audience. I try it when I write blog posts, and if you've ever read any of my blog posts, you know I usually fail. A sense of humor might come naturally - I think I'm funny in situations and conversations. But writing 220 pages without faltering in the humor department? That's talent. Straight up talent. If you're a funny person, love a funny person, or wish you were a funny person, I'd recommend this book. If you're into autobiographies and you're in Mindy's target audience (women and gay men, I imagine she'd say), you might love this book. I love autobiographies, but there's something great about a collection of personal essays instead. I felt as though I were reading Her Life Story, but in reality we're reading just some of her life's stories. This is better because it means she can write twenty more books of life stories and we won't get bored. Kaling writes about her career, her romantic relationships, her friendships, and more. What I most admired while reading this book was that it's so chill and funny, but never once did I think that Mindy wasn't a serious or dedicated person. Her work ethic and love for her friends and family shine through, even though it's a funny book. And my God, it's a funny book. And super easy to relate to! Some examples: When discussing how she sometimes gets overwhelmed by her work and cries, she says she just has to remember, "Mindy, you have literally the best life in the world besides that hot lawyer who married George Clooney." I feel that I can say, with completely certainty, that all of humankind agrees with Mindy; Amal Clooney is the most badass woman with a badass life and we envy her. "People who say breakfast should be the biggest meal are insane. You can't have dessert at breakfast." When she and her friend went to a White House State Dinner they were introduced thusly: "Miss Mindy Kaling and her best friend from Dartmouth College, Miss Jocelyn Leavitt." Excuse me for five minutes as I crack up. Okay, so maybe most of us can't relate to that (though I've shaken hands with the president...), but it's funny as hell. After she tells us she is capable of completely detaching from someone emotionally: "That's why I'm always saying I would be a great serial murderer." There is so much more where these came from. You really must read her book! I'm kind of mad I even like Mindy Kaling. Usually I'm far behind - I'm just now watching Friends, by the time I started watching Gilmore Girls it was already airing as reruns on ABC Family - you get the idea. I've accepted that it's an indication that I'm a bit of a lame-o, but I sort of like it because I never have to wait with anticipation. Do you know what I mean? I was able to skip school and read the entire Hunger Games trilogy because it was so old, all the books were published. I don't have to wait a week to watch Parenthood, I just binge on Netflix. This is how I wish it were with Mindy

Kaling's stuff. Assuming she writes another book - I don't want to wait! I just want to read it now! Because that's how fabulous her books are. I loved everything about *Why Not Me?* Also, also, Mindy mentions that since she's become more famous, a lot of women say they'd like to be her best friend. She lists a few pros of being her best friend, and two of them are that she can deal with ex-boyfriend situations and that she's always up for dessert. Yes, please, I'd like to be your friend! (The ex boyfriend thing isn't relevant because I can't even land a bf in the first place, but dessert is one of my favorite things. Ever.) So yes. Read this book. It was wonderful, entertaining, and well-written. And it was laugh out loud funny - always a good thing.

If you liked her first book, you'll like this one, too. Sure, it's extremely light and probably only for people who love her TV show. Yes, the first chapter is on beauty tips but I actually found myself recalling an anecdote from it at work. You'll learn about her dating an assistant to President Obama, her show being cancelled (and rescued), her rushing a sorority, her difficulties being a normally shaped woman on TV, etc. It all sounds incredibly boring, but she's funny and smart and I love her so I loved spending time with her. Grade: A-

I decided to start watching the *Mindy Project* about a week before the season two finale aired because Hulu was thrashing me over the head with it. Sometimes marketing works. I loved "Is Everyone Hanging Out Without Me? (And Other Concerns)" and I pre-ordered "Why Not Me?" pretty much as soon as it was taking pre-orders. Full disclosure: I even registered my pre-order with the publisher in order to receive a little Mindy Kaling pin and a small package of Australian red licorice (that I scarfed down in a rage after a stressful day at work.) I love Mindy's perspective on so many things. I love her style. She makes me laugh. Okay, fangirling complete. Loved the licorice. Loved the book. Love the Mindy.

This book was super annoying. Unlike her first book which was pretty funny and which I imagine Mindy thinking "I am a writer and let me tell you some funny observations about people and things" this book she was clearly at "I am famous and cannot stop talking about myself, let me give detailed and boring accounts of how I like to wear my skirts and makeup"

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